



# NARRE WARREN NORTH PRIMARY SCHOOL

Newsletter No. 19 – 23rd November, 2017

## DIARY DATES

Friday, 24<sup>th</sup> November

Crazy Hair Day - see details  
Gold Coin Donation

27<sup>th</sup> to 30<sup>th</sup> November

Swimming Program for  
Grades Prep to 4

Tuesday, 28<sup>th</sup> November

Prep 2018 Transition session for  
enrolled students  
10.00 to 11.30am

Friday, 1<sup>st</sup> December

Assembly at 9.00am  
2018 School Captains & Vice-  
Captains announced  
Junior Sports Carnival for  
Grades Prep to 2

Tuesday, 5<sup>th</sup> December

Prep 2018 final Transition  
session – 10.00 to 10.45am

Friday, 8<sup>th</sup> December

Last day for the Melbourne  
Sports & Aquatic Centre  
excursion payments – Grade 6

Monday, 11<sup>th</sup> December

Morning Tea for Parent Helpers  
11.00am in the Multi-purpose  
Room

Tuesday, 12<sup>th</sup> December

School Council

Thursday, 14<sup>th</sup> December

Grade 6 Graduation evening  
6.00 to 9.00pm

Monday, 18<sup>th</sup> December

Melbourne Sports & Aquatics  
Centre excursion for Grade 6  
students

Friday, 22<sup>nd</sup> December

Assembly at 9.00am  
Last day of school for 2017  
1.30pm finish

Hello fellow parents,

I am the Narre Warren North Primary School Council President and more importantly a parent with a child attending the school. In the last week all of you would have received the Parent Contributions for 2018 for your child/children which includes the Essential Financial Contribution as well as booklist items.

From my involvement with School Council I have been able to see firsthand how important the payment of the Essential Financial Contribution is to the running and development of the school and providing for our children. I would like to thank all of the parents who have already arranged their payments, which has been a huge help. All of these funds go directly to assisting **OUR** children. Based on school financial reports (not individual statements) it was disappointing to see that 30% of families attending the school this year have not made this payment toward their children's learning.

We understand that all families may go through difficult times financially, so in case you weren't already aware, you can have a chat to our Business Manager Lorraine Woodward and she can organise a payment plan to suit your circumstances, that could involve paying off this amount by instalments over the year.

As our school is part of a great community it would be amazing to see that we have been able to achieve payment of 100% of the fees to the school. They do a great job for our children and worrying about finances shouldn't be part of their problem.

Again, if you need assistance to make your payments, speak to the school, they are there to help.

Thank you for your continued support of the Narre Warren North School community.

Cathy Maher  
School Council President

School Website: [www.narrewarrennorthps.vic.edu.au](http://www.narrewarrennorthps.vic.edu.au)

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## Principal Pen






### **Student leadership**

Today we saw some of our Grade 5 students apply for and present a speech to Ms Kumnick and myself for the position of School Captain or School Vice-Captain for 2018. Congratulations to these students for putting themselves forward for these positions. They demonstrated excellent skills in terms of using cue cards, eye contact and expression.

The students who will be our 2018 School Captains and School Vice-Captains will be announced at the assembly on the 1<sup>st</sup> December. Just a reminder that the School Captains are chosen on merit regardless of gender.

### **Parent support and involvement**

Our school is very unique in that we have over 100 parents or community members with a Working With Children Check who assist us in a number of ways at our school, including:

-  Assisting in classroom programs, on excursions, sporting events, swimming and camps
-  Being on School Council and its subcommittees
-  Supporting activities, particularly our very successful annual Show Day
-  Assisting in administration e.g. lost property, photocopying, student banking, etc.
-  Being part of the Parents' and Friends' Club and/or supporting school fundraisers, through time or donations.

Without the Parents' and Friends' Club and community support we are unable to raise much needed funds for items such as the shade sails currently being erected. This has been fantastic, however the number of Parents' and Friends' committee members is dwindling due to many parents returning to work. Even though we have wonderful support in our school with only 3 parents attending the Parents' and Friends' meeting we don't have a quorum (we require 5 parents) so may not be able to have a committee next year. We are also looking for an interested parent to learn how to do the school's student banking next year as 2018 will be Michelle Zimmerle's last year at our school.

On Monday 11<sup>th</sup> December a special morning tea will be held for the parents and community members who assisted in our school in 2017 at 11am in the MPR. If you have assisted in any way in our school it would be great to see you there. To allow for catering we would appreciate it if you could reply using the following link by 6<sup>th</sup> December 2017.

<https://goo.gl/forms/2zNYAKjnFbyTphZw2>

*Connie vanderVoort,  
Principal*

### **Parents' and Friends' Club**

#### **Cook Book Fundraiser**

Our cookbook is on its way to the printers as we speak and is looking amazing! Payment can now be taken via QKR! or at the office. It would make an amazing Christmas present for friends and family so you can order as many as you like but please don't miss out!

#### **Icy Poles**

During Term 4 the Parents' and Friends' Club are selling lemonade icy poles on Wednesdays at lunchtime for \$1.00.

Tamara Bush, President

## *Including Others*

Including others makes everyone feel good!

At NWNPS we want everyone to feel included and to be treated with respect.

Here are some things that children need to think about when playing games and completing activities. Could you please take the time to talk with your child about how they could include others.

<i>Do's</i>	<i>Don'ts</i>
Look around and see if anyone looks as though they would like to be a part of a game. They might show this by asking if they can play or by just standing nearby themselves or by following you.	Don't ignore or run away from people who would like to be included in your game or feel lonely.
Smile and say something like "Why don't you play too?" or "Would you like to play?" in a friendly voice.	Don't think that it will spoil your game to include others or invite others into your game. Be creative and think about how it another person could add to the fun of the game.
If you are having problems with someone, seek support from an adult.	Don't get into arguments with the person who wants to play. Remember to see adult support.

*Raina Rydberg*  
*Student Wellbeing Coordinator/Grade 1 Teacher*

## Kmart Wishing Tree Appeal



This term the Junior School Council is organising our school's participation in the Kmart Wishing Tree Appeal. The JSC thinks that this is a great charity to be involved in as we think everyone should be happy at Christmas. The Kmart Wishing Tree Appeal doesn't only give presents to children, we can donate presents for adults, elderly people and anyone who is having a hard time at Christmas. We will be collecting presents right up until the last day of the term. If you wish to help us donate please send your presents to Miss Hogan's room, she will have tags to be attached. Gifts do not need to be wrapped. All gifts need to be received by Thursday, 21<sup>st</sup> December.

By Avril and Josiah JSC members.

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## **'Aussies of the Month' – Grade 1**

Congratulations to our recent 'Aussie of the Month' recipients from Grade 1.

### ***Olivia M – Grade 1A***

- ❖ *Olivia always starts her day in the classroom with a very cheerful good morning to her teacher.*
- ❖ *She is kind and has a very caring nature.*
- ❖ *Olivia is friendly and will invite others to join in her games and plays fairly.*
- ❖ *She is very helpful, always noticing when others need support.*
- ❖ *Olivia can think ahead and easily adapts to accept change.*
- ❖ *She tries her best to improve, so accepts feedback in a positive manner.*
- ❖ *Olivia is honest and willing to acknowledge when she needs help.*
- ❖ *She is resilient and always has a sunny nature.*

### ***Luis C – Grade 1B***

*This is a story all about our  
Aussie of the month listen up now  
There were so many students it was hard to choose  
Aussie of the Month is always headline news*

*This student is described in the following ways:  
They are kind and caring so everybody says.  
They are funny and friendly every day at school  
They always follow Narre North golden rules  
They work really hard all of the time  
And make good choices and that's no crime  
They are respectful to everyone that they meet  
Having them in class is an absolute treat  
They walk through the door ready to learn  
They always put up their hand and wait their turn  
Our Aussie of the month in our 1B grade  
Is Luis C, come up to the stage.*

### ***Skye O – Grade 1C***

- ❖ *Skye is polite and friendly, kind and caring.*
- ❖ *She is always willing to include others in her games.*
- ❖ *Skye is always ready to have a go at any new task given to her and never complains about any work she has to do.*
- ❖ *She takes pride in how she presents her work and always strives to do her best.*
- ❖ *Skye is very patient. When the teacher asks her to wait or tells her she can't do something, Skye doesn't complain or get upset.*
- ❖ *She is always willing to help others.*
- ❖ *Skye has a good sense of humour and likes to help cheer people up when they are sad.*
- ❖ *She always has a smile on her face and displays a positive attitude towards everything she does.*

Raina Rydberg, Student Wellbeing Coordinator

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Gratitude is a personality trait, a mood, and an emotion. As an emotion, gratitude is a feeling of happiness that comes from appreciation. Those with a more grateful personality are more likely to experience grateful moods and emotions.

The benefits of **practicing gratitude** are nearly endless.

You can practise gratitude by keeping a gratitude journal where you can write down what you are grateful for or by talking about what you are grateful for with your family at the end of each day.

Think about and reflect on:

- What was the best thing that happened to me today?
- Who am I the most grateful for today and why?
- What am I looking forward to most for tomorrow?

In only 21 days you rewire your brain to start scanning the world for the **positive**. You become three times more likely to notice a positive.

In 42 days you are:

- less likely to get sick
- have higher levels of energy
- feel happier
- are more enthusiastic
- are more focused
- are more determined
- are more optimistic
- have a better quality of sleep
- have lower levels of depression and anxiety

What are you **GRATEFUL** for today?

I am **GRATEFUL** today to all the parents that took the time to complete the KidsMatter Parents Survey. The information you provided was very informative and will be used to guide future planning in Student Wellbeing. Thank you for contributing to the social and emotional wellbeing of the students of NWNPS.

Raina Rydberg

Student Wellbeing Co-ordinator

# Crazy Hair Day

## Friday, 24<sup>th</sup> November

On Friday, 24<sup>th</sup> November we will be participating in a Crazy Hair Day in conjunction with Narre Warren North Kindergarten. On this day, students will be able to come to school with 'crazy hair'. This day will be a gold coin donation, with all proceeds going to The Thalassaemic children in Nepal.

### **What is Thalassaemia?**

Thalassaemia is a genetic condition that has many symptoms including an inability to remake the blood that the body uses to stay alive. This requires the sufferer to need a blood transfusion every two to four weeks. The problem with this is that the lifesaving blood transfusion causes iron overload which requires iron chelation therapy, an injection every night, to remove the excess iron to prevent damage to vital organs. Patients in Australia with this condition live relatively good lives albeit with plenty of doctors' visits and a day every two to four weeks having a transfusion.

### **Thalassaemia in Nepal.**

The Thalassaemic children in Nepal desperately need our help. Some families have small jobs and can buy their iron chelation medication themselves, just, at the expense of their families' life style. In some of the families one of the parents has to take jobs overseas, a very difficult way to conduct family life, I'm sure you'll agree. The other families can't provide this medication at all and this fact means the future of these children is very grim indeed. The money raised will go directly to the manager of the hospital whose unenviable task is to select the most desperate and most ill children to receive some iron chelation, and even then, only for a short time in order to share it around. This is most unsatisfactory as the treatment needs to be life long but the only way it can be done fairly.

Narre Warren North Primary School is very grateful to everyone who helps to raise money for this worthwhile cause.

# GET FITTED BY THE EXPERTS TODAY

In partnership with  
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PRIMARY SCHOOL**

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**asics**

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